

Creatable Me Worksheet: Discovering My Super Self!

1. My Life's Canvas

Remember, you are the artist of your life's masterpiece!

Dream Big! If you could have any dream come true, what would it be?

Why is this dream important to you?

Jot down three steps you can take to make this dream come true:

1. _____
2. _____
3. _____

2. My Legacy

Friendly Echoes: Imagine you're 100 years old! What would you want your friends to remember you for?

Super Me: If you were a superhero, what three super qualities or powers would you have?

3. Reflections

Mirror, Mirror: People see different versions of us. Draw or describe the 'you' that you want people to see.

Growing Up: Think of a time you changed for the better. What happened? How did you feel?

4. My Unique Spark

Shine Bright: List three things that make you special:

Gifts to the World: What is one thing you can do to make the world a better place?

5. Goal Setting

My Ultimate Goal: _____

Why I MUST Achieve This: _____

Baby Steps: Break your goal into three smaller steps:

1. _____

2. _____

3. _____

6. Vision Quest

Paint a Picture: Describe or draw how achieving your goal will make you feel and how it will help others.

7. My Purpose

Heartfelt Why: Think of a reason you want to achieve your goal that's so powerful it makes you emotional.

Daily Steps: What's one thing you can do every day this week to get closer to your goal?

Monday: _____

Tuesday: _____

Wednesday: _____

Thursday: _____

Friday: _____

8. Networking Challenge!

Connect and Grow: Try to talk to 5 new people this month about something you love or are interested in. Write down their names and one cool thing you learned from each of them:

1. _____

2. _____

3. _____

4. _____

5. _____

Remember, every day is a new opportunity to paint your masterpiece. Keep dreaming, keep growing, and keep discovering your super self!