

WHAT YOU  
CAN DO ABOUT

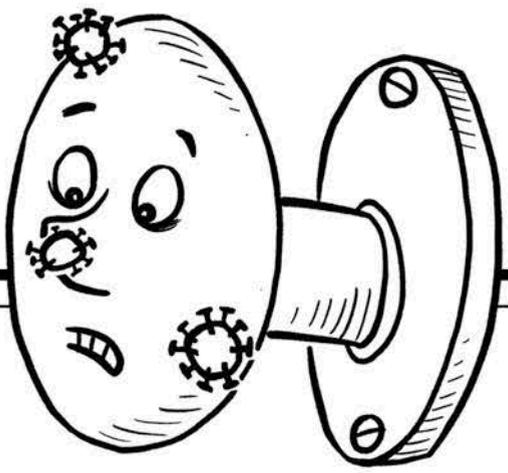
# COVID-19

A CONQUER  
COVID  
COLORING  
BOOK!

*Written by*  
**Scott Emmons**

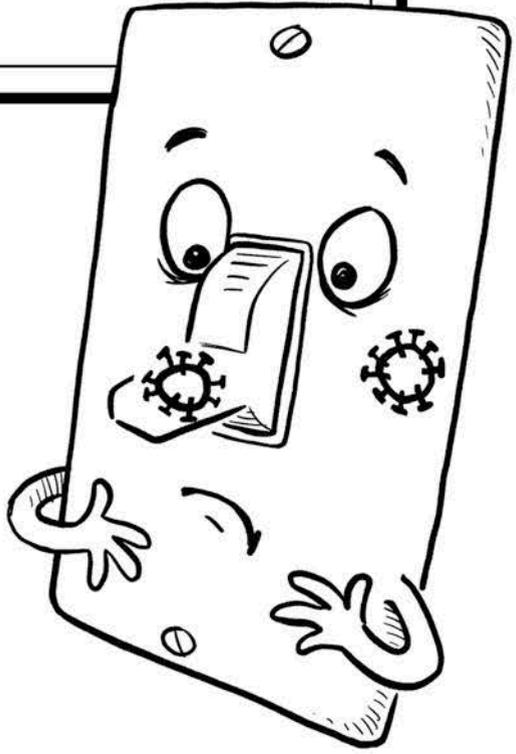
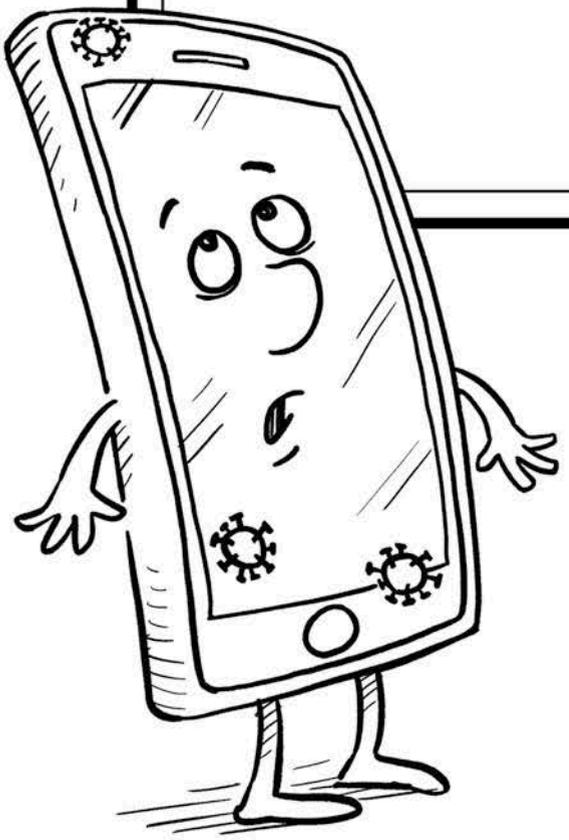
*Illustrated by*  
**11 different artists!**





This Book Belongs To

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# WHAT YOU CAN DO ABOUT COVID-19

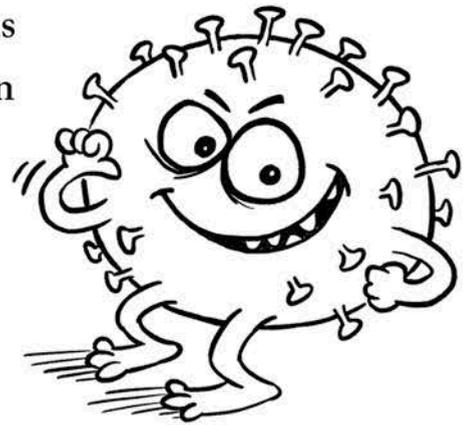
Coloring book with rhyming story



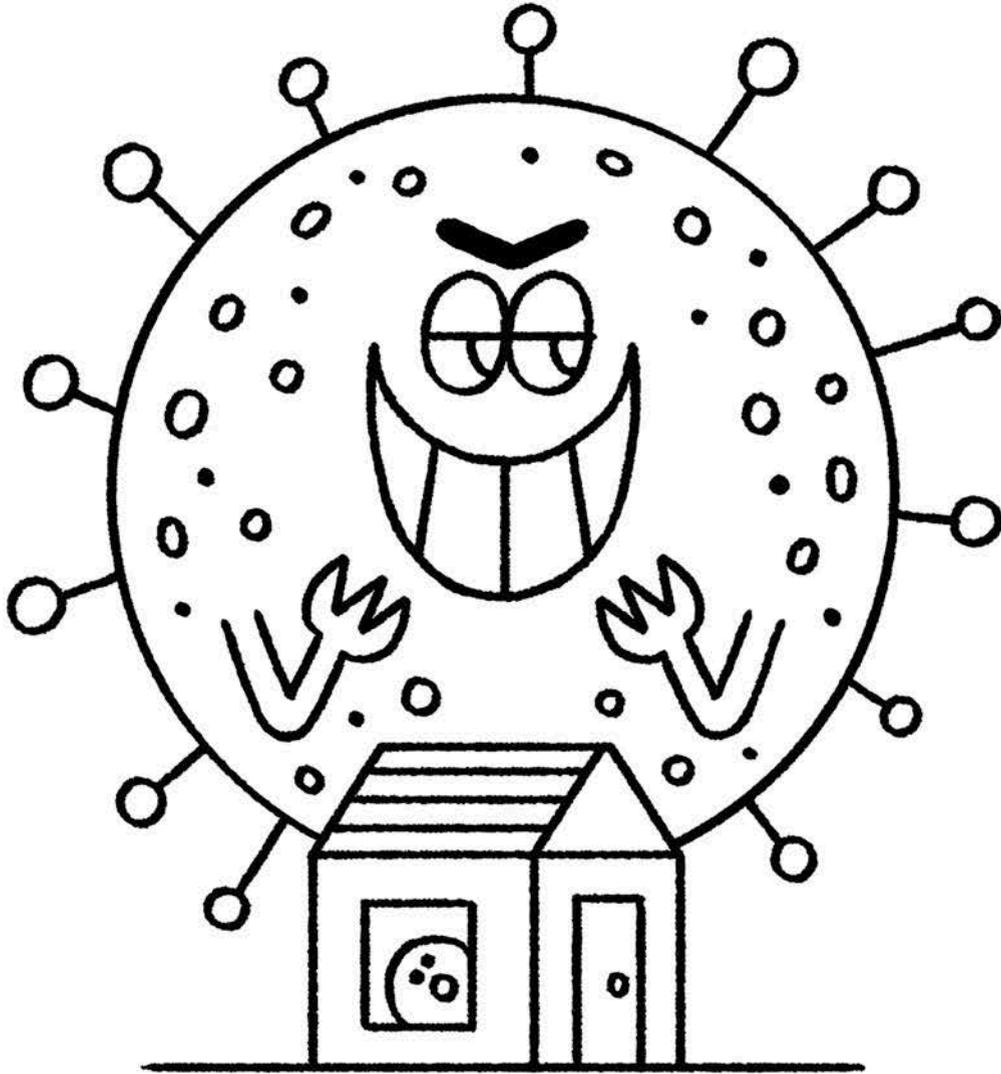
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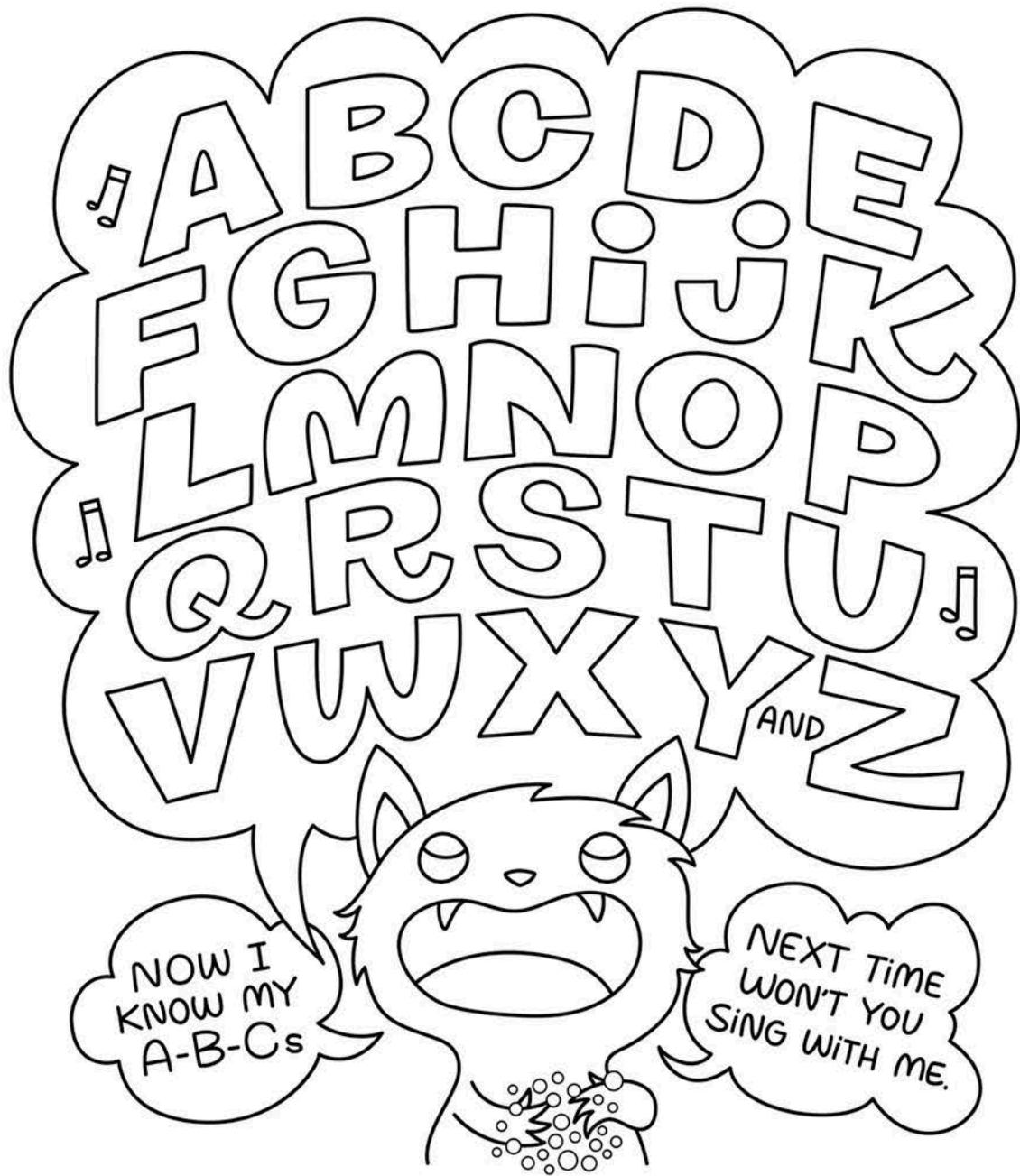
*Cover illustration by*  
Mike Adair



Have you heard of the virus called **COVID-19**?  
It's nasty and vicious. It's sneaky and mean!  
It can make you feel yucky and feverish too.  
But to keep yourself well, there's a lot you can do!



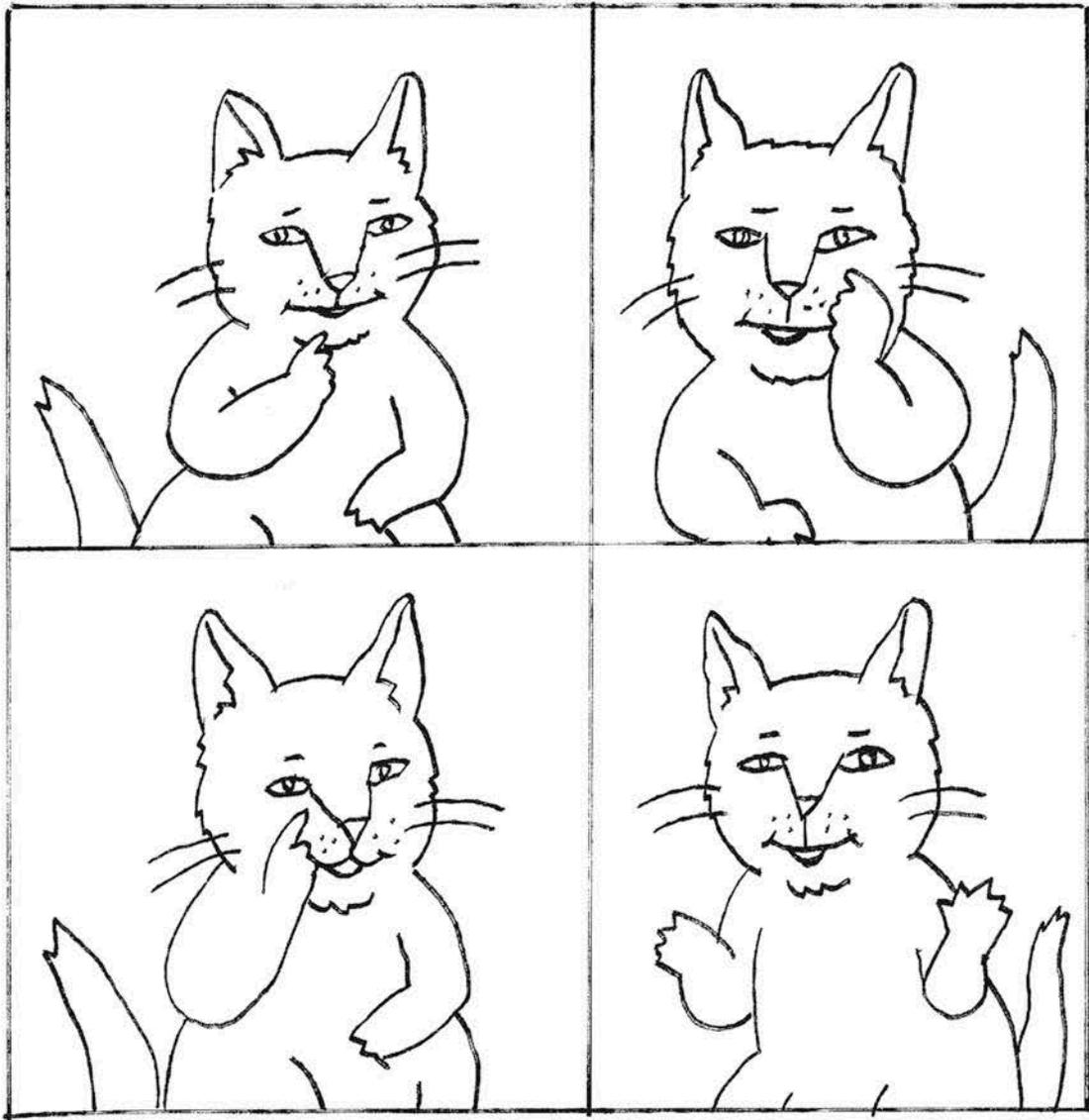
The virus can live on the things that you touch, like light switches, countertops, doorknobs and such. But by frequently washing your hands through the day, you can scrub that despicable virus away!



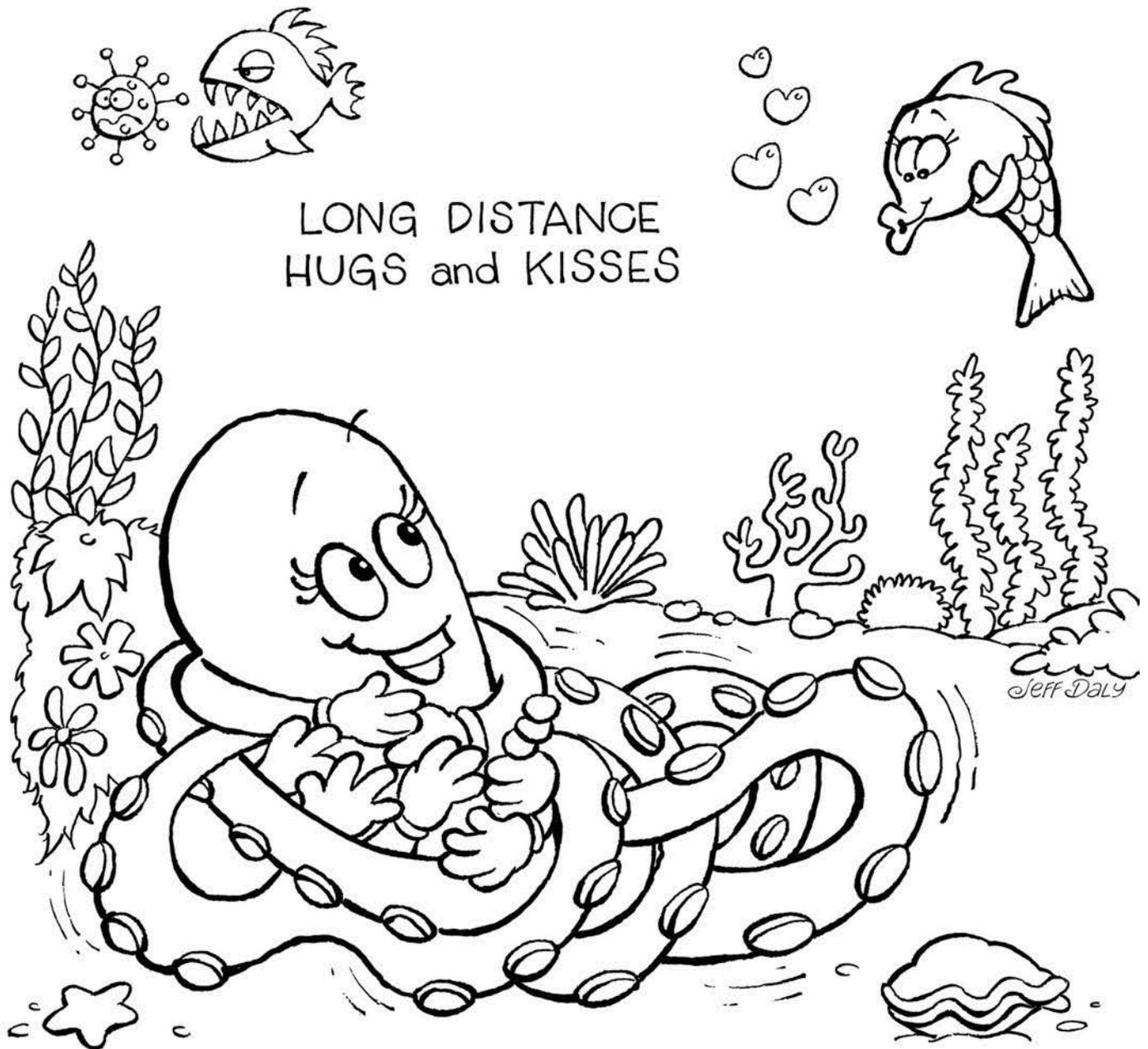
But you have to wash well, and you have to wash long.

You can time it by singing the alphabet song!

As soon as you're finished, your hands will be clean  
with hardly a speck of that COVID-19!



The virus gets in through your mouth or your nose.  
Or even your eyes—it can get in through those!  
Your hands may be spotless, but still, just in case,  
It's best if you keep them away from your face.



LONG DISTANCE  
HUGS and KISSES

And COVID-19 is a fast-moving bug!  
It can spread through a handshake, a kiss or a hug.  
In order to stop it, we've got to be smart  
and remember to stay at least six feet apart!



And you've got to stay home! It's the right place to be.  
Big crowds are not safe, as all doctors agree.  
If someone starts coughing or sneezing, "A-CHOO!"  
their germs can go flying and settle on YOU!



But staying at home can be hard, as you know. Just what can you do when there's no place to go? You can color, play games, and besides all of that, you can visit your friends in a video chat!

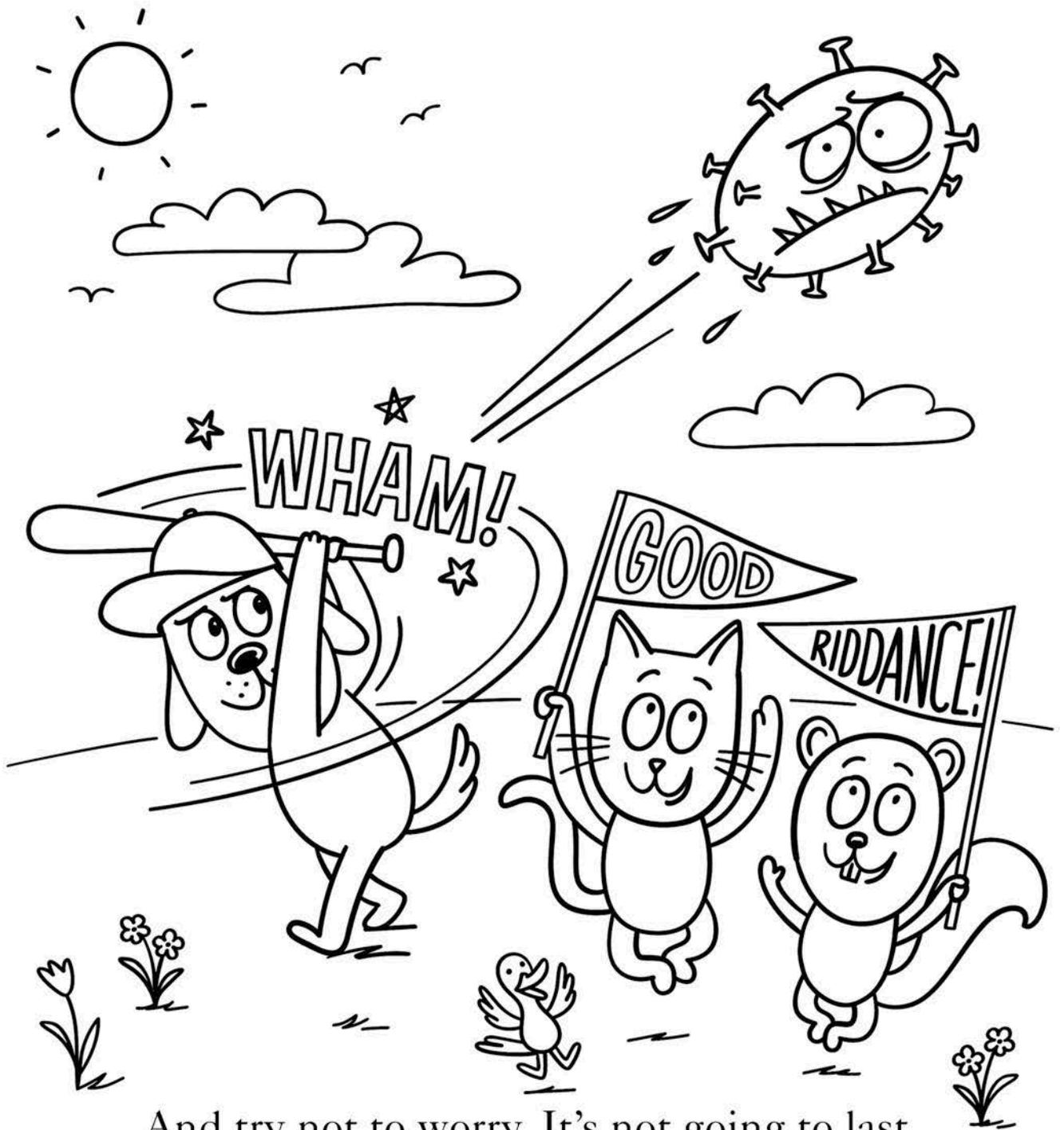


And what if you catch it? No need for alarm!

It really won't do you a great deal of harm.

See your doctor, then rest, and you'll soon shake it off.

(But cover your mouth with your sleeve when you cough!)



And try not to worry. It's not going to last.  
If we do the right things, we can knock it out fast.  
You'll see all your friends—and not just on a screen!  
And we'll all say, "Good riddance!" to COVID-19!

THE END

